

E-MAGAZINE

REMINISCING THE MEMORIES

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Profile Feature

Some people are born gifted but only a few talented people make huge difference. It matters a lot to unfold what is extraordinary lies within oneself that lay undiscovered before us because talent is useless unless it is used.

A young proficient manicurist, Rinchhen Dema who is currently pursuing her Diploma in Mechanical Engineering started manicuring in the year 2015 when she was in 12th grade. Rinchhen shared that she just started with simple manicure and as the time passed by, she fell for different kinds of shades and spends most of my time designing and decorating the nails which on the average takes about 1-3 hours.

She has gloriously succeeded in doing what she love. She not only designs for herself but also designs for her friends who come to her during her free times. Further, her works has also been acknowledged in one of the nail polish company **Sally Hansen**.

"Ever since my interest grew in painting nails, I began to collect different kinds of shades of nail polishes, decorative tool kits and nail brushes. I am keen in painting prints of brocades, colorful pattern of kiras, scenic beauty, characters and sports. To celebrate festivals such as Halloween, Christmas and Tshechus, I keep theme of my nail art based on these occasions. Then I post my works on social media especially in instagram" Rinchhen conveyed.

Thus, she is another young blooming star shinning in JNEC.

Yangchen Dema, D2M

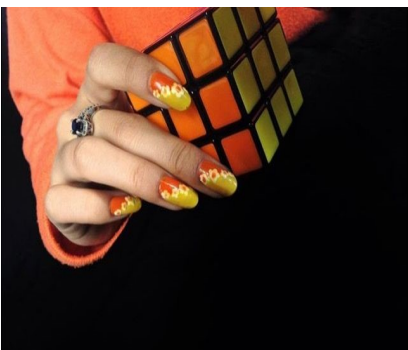
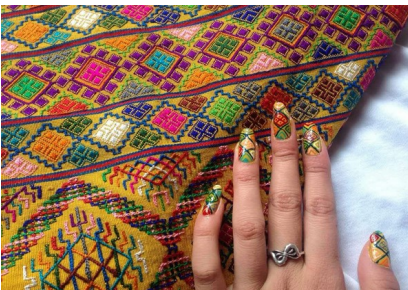


Photo Courtesy: rinchayn

Fiction

The Girl on Balcony

Karma Yudon, D2ECE

It was around 12:07 am. Darkness everywhere. I was scrolling through my news feed after a tiring day. Exhaustion level was quite high. My eyes looked heavy with ugly shades. My hair was totally messed up. I was a complete mess. Messy all the time and I am happy with it. Haha!

Suddenly, I felt like visiting toilet. I had to go. Reluctance lurking around, I strangled towards the toilet. "Aww! It's 12 and I have to go to toilet. Odd hour..huh!" Feeling quite different, I stepped outside. I opened the door. Soon I was inside. Silence embraced the air. The air was cold mixed with strings of fear deep down.

Suddenly, I heard something strange. Someone was humming. Slowly, sounds became kind of weird. Eerie atmosphere entirely filled the toilet. My eyes looked here and there several times. I could see a moving shadow across the window. My heart beat increased. The beats were so fast. Seriously! My ears and eyes became so sensitive. Everything reached the peak.

In the meanwhile, I wanted to quickly come out and get inside my room. So, I immediately closed the toilet door behind and walked really fast. Amidst the sounds of my quick walking steps, I again heard something really horrifying. Hoarse sounds of a girl whispering. Sound of cracking planes. Everything was unusual.

That time, a surreal feel caught hold of me. There was a swift movement of a vague shadow near the bathroom. My heart stopped for a while. I forgot to breath. Seconds passed. I neared my room.

As I walked fast, my eyes fell on the balcony. The site where I always sit and spend some time writing. As I did, a girl in white was there. Her long, dangling hair was laid down. Her head was lowered. I could hardly see her face.

Without wasting a second more, I directly ran inside my room. My heart beat was as fast as the fastest rocket. I couldn't believe my eyes, my ears, in fact everything.

The next day, I inquired every friend of mine about yesterday's incident but nobody heard a thing. I was wondering if it was too real to be true. So I decided to stay up all night and see if the girl comes back. Late at night I was struggling to keep myself up but my effort was all in vain as I fell asleep. After a week when I had forgotten all about the incident some girls started to talk about it. Same incident have happened to one of my mates. They said one girl suicide in that place and now its soul is still lurking in this place. This send chills throughout my body. I still had the hang of the incident.

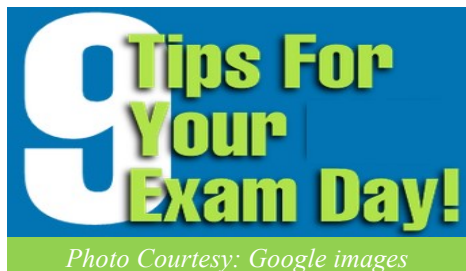
That night we decided to check it. This time I had friend so new confidence was there in me. We waited for a while and at exactly 2; 30 I heard the humming just like before. We stayed down for a while and when we heard the footsteps closing in we ambushed. Later it was the prank of some girls for the Halloween night. We had a great laugh.



Photo Courtesy: Google images



Photo Courtesy: Google images



9 Best Scientific Study Tips

Kalyan Kumar Chuwan, D2MPM

1. Studying is more effective in small short chunks instead of cramming in 10 hours study session. Our brain is better at coding information in short repeated session as compared to large one. Often learning skills also follows this steps.
2. Staying all night affects our reasoning and memory so setting up a specific time in a day during week just to study primes your brain by creating a routine and overtime studying actually becomes easier as your brain is trained to learn in those moments.
3. Re-reading the notes or highlighting the textbooks is not recommended. Studies have shown it to be ineffective. It draws your attention to less important information. Flash cards are proving to be excellent memory reinforcement tools.
4. Set a specific goals for your study rather than aimlessly studying. Pick one aspect to focus on like deriving a formulae or understanding a working of an equipment.
5. In studies individuals were asked to learn a passage. Half were told that there will test on the material while other half were told that they will have to teach it to other student. Participants expecting to teach did much better at understanding the main points compared to other half. When expecting to teach our brain organize the information in more logical coherent structure.
6. PRATICE! PRATICE! PRATICE! It not only test your brain in environment but even if you make mistake they help identify gaps in your knowledge. It builds confidence leading to better performance.
7. Where should we study? Research shows that having a designated place for study and well equipped with every tool that you require is best.
8. Certain classical music help improve concentration but a recent study have shown that learning with a rhythmic background noise can be a disturbance while focusing and those not using music are much better. So put away your phone.
9. Using mobile while studying is not good since your text and notifications of social media can severely decrease your concentration.



POEM

The Future

Mellon Rai (D2ME)

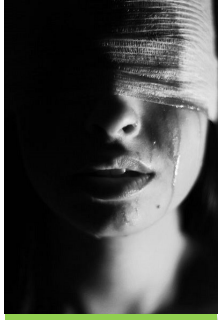


Photo Courtesy:
Google images

Time has aged, near to Armageddon
Life that flourished once.
Remains in mercy of heaven
That mankind once believed;
Became keeper of earth.

Here the world remains,
Life is a mythical tale
Bedtime stories told to toddlers
For science has blinded
That life is a beautiful nature
When rivers flooded with life.

I believe in what I see,
The only remains of what used to be,
For plague of greed took all life
With nothingness,
But dreadful science
That someday, nothing shall remain
But soul-less creation of mankind.

Appeal to Change

Sonam Phuntsho (D1C2)

Son, be the sun that warms others.
Son, be the breeze that blows
Seasonally from land to sea,
Sea to land accompanied epistle of wisdom

Son, be the comfort which every child
Receives while in the arm of their mother.
Son, be the wisdom for which
Even the legends get accommodated to it.

Son, be the lantern in the pitch darkness
That shimmer and enlightens the path.
Son, don't let the beauty of earth just
Fade into the sunset but strive to click
Beauty into its place

Son, life is gifted with opportunity
Never miss to grab it do your best
And see the rest by its consequences.
Son, life is a jewel rare to be found
As live as if tomorrow never comes.

Your Indescribable Beauty

Karan Bir Urao, (Graduate of JNEC)

Man shall bow before you
For your beauty you carry on
Fulfills the world's proverb
Eyes cannot resist beauty.

The sun may set before time,
But your sternness' shall live alive
Thus so gratify all maniacs and,
And all those who Lovett thee
Unless all of those elicit a reason.
Maniac shall stop a mile before,
Knowing of a treasons.

So with the god gifted treasure
Thy beautiful voice,
Unvoice me everyday.
My heart may demise
Yet thy heart will be

Implored by many.
Thy inspiration, people's blissfulness

As thy beauty entice thee
My power thy beauty
Many will fantasize
But thy love is already spread
In hearts of million.

Son, be the shield that whacks off all the woes.
Son, live an optimistic life slay your
Negative thoughts spread the joy
And smile like an idiot.

Son, be the paragon of humanity to live in the
Heart of those who accost you.
Son, life is enigma, it doesn't last forever
So live in the present, forgive the past
Adorn the future and live in response

Son, be the bread earner work hard, be creative
And always be consistent towards your goal.

Son, the manifest of beauty is forever but
A stain in beauty dissolves away all the perfection
Son, I beg I beg
Let's work for a better and brighter tomorrow

Photo Courtesy: Google images



ཨ་ཁ་ལཱ་དང་འཕྲིན་ལྷན་ཁག་། དཔལ་ལྷན་འབྲུག་གཞི་དག་།
Ministry of Labour and Human Resources
Royal Government of Bhutan

Photo Courtesy: www.molhr.gov.bt

A Visit by Team From MoLHR, Samdrup Jongkhar

The employment and labor team from Samdrup Jongkhar regional office visited the college on 18th October 2017 for the second time to create awareness and to sensitize the college students on the importance of maintaining a good CV (curriculum vitae) and resume.

Karma Wangmo, the Program Officer, shared that most of the people are not aware of the difference between the CV and the resume. She explained how CV differed from resume and also shared about the importance of maintaining a CV and a resume while looking for a job. She explained that CV contains more details compared to a resume and CV is for academic position information. She also showed the format and design that a job seeker needs to follow while main-



Photo Courtesy: media club

Art Exhibition During the Birth Anniversary of 4th Druk Gyalpo

Jigme Namgyel Engineering College celebrated the significant occasion of His Majesty the Fourth Druk Gyelpo's Birth Anniversary on 11th November 2017. As the main event, Art Exhibition was held with the theme "Wisdom of Happiness in Bhutanese Society" as a dedication to His Majesty the Fourth King for being the Compassionate Monarch to his People and the Country.

The occasion was graced by Dr. Singye Namgyel, former Director of Sherubtse College and the team who are in the college few days visit. The collective dedication was made possible in collaboration with main artist coordinator Mr. Suraj Darjee undergoing Diploma in Materials and Procurement Management along with other student artist with the support from the President, Literary Coordinator and the College.

Photo Exhibition in Collaboration with the Royal Wedding

On 13th October, 2017 the JNEC Media club organized the first ever Photo Exhibition to commemorate the Royal Wedding Anniversary of His Majesty the King and Her Majesty Gyaltsuen with the theme "Beholding the Moments Around You". The event was graced by offering of butter lamp by Honorable President Dr. Andu Dukpa and with his words of wisdom during the event.

More than 51 photographs were displayed during the event and top 10 photographs were selected by a professional photographer residing in USA, Mr. Tshering La popularly known as Tshering Sam in social media. Further the top ten photographs were marked with random numbers and the best photograph was selected through paper voting system by the audience. The prizes were awarded to the top three photographs nominated by the audience.



Photo Courtesy: media club

A Visit by The Officials From Kansai University, Japan

With an aim to produce competent technical personnel, Jigme Namgyel Engineering College had developed active international linkages with Japan, Europe and India. Many facilities have been rendered from these linkages.

One of the significant achievement from the international Linkages is the receiving of 3D printer, which probably makes JNEC, as the first organization to receive it in the country. The 3D printer is donated by Professor (Dr.) Junichi Kurata from Kansai University, Japan.

The machine is installed in JNEC during the visit by Vice-President of Kansai University Professor (Dr.) Yutaka Maeda and three member from the same University. During their stay in JNEC from November 2-7, 2017; Prof. (Dr.) Junichi Kurata trained faculty and staff to use the machine. Furthermore the machine will be used by the Mechanical Engineering Department of JNEC for the proposed Degree Programme in Mechanical Engineering.



Photo Courtesy: media club

For further feedback and suggestion:

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